JOIN US IN SONOMA THIS MAY FOR EHI'S EXPERIENTIAL TRAINING!

EXISTENTIAL-HUMANISTIC THERAPY: PRINCIPLES OF PRACTICE

Existential-Humanistic Institute Annual Training Retreat

2023 EXPERIENTIAL TRAINING DATES

May 23-28, 2023

THEMES COVERED IN TRAINING INCLUDE:

- the here-and-now
- the inner search process
- subjectivity and encounter
- presence and the therapeutic relationship

TWO ENROLLMENT TRACKS AVAILABLE:

- Full Foundations Certificate Program
- Retreat Module (just the training)

EHI, believing in the meaningfulness, intrinsic value and diversity of life, teaches principles of existential-humanistic psychotherapy and offers in-depth trainings in the practical application of those principles.

Contact:
info@ehinstitute.org

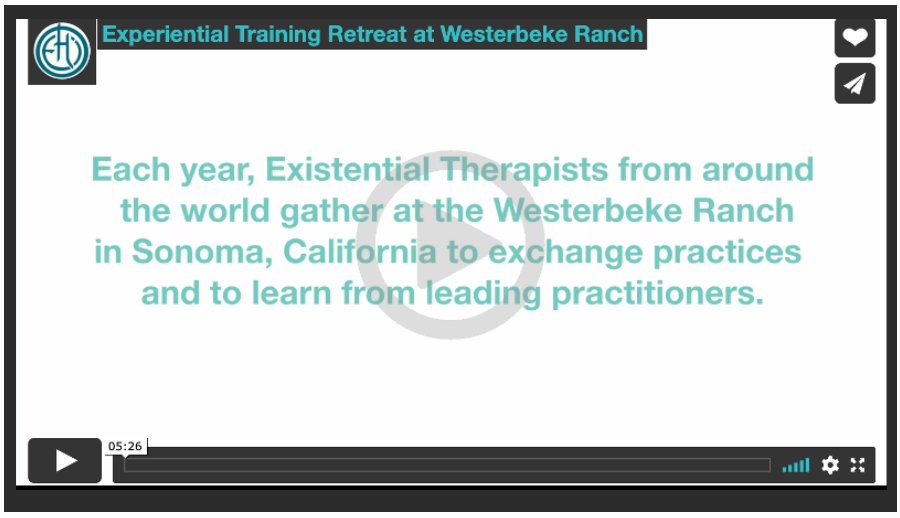
Find out more & see video:
www.ehinstitute.org/residential

EHI'S EXPERIENTIAL TRAINING

Annual Intensive Training Retreat Focusing on Existential-Humanistic Psychotherapy Practice

This 6-day annual experiential training is the core of EHI's programming. It allows licensed professionals and graduate students in therapeutic mental health specialities to come together in a safe environment, get to know one another, and experience how Existential-Humanistic (E-H) therapy is practiced up close and personally.

EHI Instructors emphasize the key ingredients of the E-H approach, including empathy, acceptance, and genuineness, to model how trainees can create safe, collaborative and life-changing therapeutic encounters. They demonstrate how the therapeutic relationship, in and of itself is a vehicle for healing and change and how therapeutic "presence" cultivates sensitivity and appropriate responsiveness to clients' emotions, relational patterns and inner worlds. These two essential principles: building the therapeutic relationship and working in the "here and now" are foundational blocks of E-H therapy and EHI training.



INTERNATIONAL PRACTITIONERS WELCOME!

EXISTENTIAL-HUMANISTIC THERAPY: PRINCIPLES OF PRACTICE

Hands-on skill development training in existential therapy practice

DURING THE TRAINING

Experience how E-H therapy is practiced up close and personally
Come together in a facilitated and safe environment
Engage in intensive, immersive experiential learning
Gain existential psychotherapy training

A FOCUS ON EXPERIENTIAL LEARNING

This training, which is the core of EHI's educational programs, features a combination of relationship-building, learning of theoretical foundations, and first-hand experiences wherein theory comes to life. Learn & explore Existential-Humanistic Therapy, Existential Psychotherapy, and Existential-Integrative Therapy practices.

Instructors demonstrate their way of working with clients inviting commentary, participation and engagement throughout the training sessions.

Attendees learn to build the therapeutic relationship using E-H skills and find ways of working in the "here and now" with an E-H focus.

Experiential hands-on learning allows participants a way of personally understanding how work on themselves mirrors their ability to work with clients.

Attendees gain a deeper, more embodied sense of what existential-humanistic therapy has to offer and how to fold that into their work with clients.

EHI RESIDENTIAL
May 23-28, 2023
Sonoma, CA

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Existential-Humanistic
INSTITUTE

Continuing Education Info:
2023's training was approved for 30.75 CEs. Please contact us for course description and for accessibility accommodations at info@ehinstitute.org.

APA Division 32, Society of Humanistic Psychology, is a proud cosponsor of CE credits for EHI events and trainings whenever CE credits are offered.

APA Division 32, Society for Humanistic Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. APA Division 32, Society for Humanistic Psychology, maintains responsibility for these programs and their content.