

JOIN US IN SONOMA THIS MAY FOR EHI'S EXPERIENTIAL TRAINING!

EXISTENTIAL-HUMANISTIC THERAPY: PRINCIPLES OF PRACTICE

Existential-Humanistic Institute Annual Training Retreat



2022 EXPERIENTIAL TRAINING DATES

May 26-31, 2022

THEMES COVERED IN TRAINING INCLUDE:

- the here-and-now
- the inner search process
- subjectivity and encounter
- presence and the therapeutic relationship

TWO ENROLLMENT TRACKS AVAILABLE:

- [Full Foundations Certificate Program](#)
- [Retreat Module](#) (just the training)

EHI, believing in the meaningfulness, intrinsic value and diversity of life, teaches principles of existential-humanistic psychotherapy and offers in-depth trainings in the practical application of those principles.

Find out more & see video:
<https://ehinstitute.org/existential-therapy-training/>

Contact:
info@ehinstitute.org

EHI'S EXPERIENTIAL TRAINING

Annual Intensive Training Retreat Focusing on Existential-Humanistic Psychotherapy Practice

This 6-day annual experiential training is the core of EHI's programming. It allows licensed professionals and graduate students in therapeutic mental health specialities to come together in a safe environment, get to know one another, and experience how Existential-Humanistic therapy is practiced up close and personally.

EHI Instructors emphasize the key ingredients of the E-H approach, including empathy, acceptance, and genuineness, to model how trainees can create safe, collaborative and life-changing therapeutic encounters. They demonstrate how the therapeutic relationship, in and of itself is a vehicle for healing and change and how therapeutic "presence" cultivates sensitivity and appropriate responsiveness to clients' emotions, relational patterns and inner worlds. These two essential principles: building the therapeutic relationship and working in the "here and now" are foundational blocks of E-H therapy and EHI training.

