

JOIN US IN SONOMA THIS OCTOBER FOR EHI'S EXPERIENTIAL TRAINING!

EXISTENTIAL-HUMANISTIC THERAPY: PRINCIPLES OF PRACTICE

Existential-Humanistic Institute Annual Training Retreat



2021 EXPERIENTIAL TRAINING DATES

Oct 10-15, 2021

THEMES COVERED IN TRAINING INCLUDE:

- the here-and-now
- the inner search process
- subjectivity and encounter
- the therapeutic relationship

TWO ENROLLMENT TRACKS AVAILABLE:

- Full Foundations Certificate Program
- Retreat Module (just the training)

This experientially oriented training teaches existential-humanistic concepts of: resistance, meaning and alignment, existential spirituality, and integrative existential practice.

Contact:
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EHI'S EXPERIENTIAL TRAINING

Annual Intensive Training Retreat Focusing on Existential-Humanistic Psychotherapy Practice

EHI, believing in the meaningfulness, intrinsic value and diversity of life, teaches principles of existential-humanistic psychotherapy and offers in-depth trainings in the practical application of those principles.

The annual experiential training is the core of EHI's programming. It allows licensed professionals and graduate students in therapeutic mental health specialties to come together in a safe environment, get to know one another, and experience how E-H therapy is practiced up close and personally.

EHI Instructors emphasize the key ingredients of the E-H approach, including empathy, acceptance, and genuineness, to model how trainees can create safe, collaborative and life-changing therapeutic encounters. They demonstrate how the therapeutic relationship, in and of itself is a vehicle for healing and change and how therapeutic "presence" cultivates sensitivity and appropriate responsiveness to clients' emotions, relational patterns and inner worlds. These two essential principles: building the therapeutic relationship and working in the "here and now" are foundational blocks of E-H therapy and EHI training.

Find out more: <https://ehinstitute.org/existential-therapy-training/>