



The **Existential-Humanistic Institute (EHI)** is pleased to announce the **7<sup>th</sup> Annual EHI Conference**, taking place Friday through Saturday, November 15-16, 2013 at AgeSong Institute in San Francisco.

This year's conference theme is:

"Befriending Anxiety and Worry:  
**Finding Strength and Meaning in Everyday Living."**

*"Finding the center of strength within ourselves is in the long run the best contribution we can make to our fellow men. ... One person with indigenous inner strength exercises a great calming effect on panic among people around him. This is what our society needs — not new ideas and inventions; important as these are, and not geniuses and supermen, but persons who can be, that is, persons who have a center of strength within themselves."*

~ Rollo May, *Man's Search For Himself*

We welcome proposals that address this theme from a variety of perspectives with preference for experiential workshops that combine a didactics with 'felt experiencing' or other modalities that move us beyond the abstract and talking 'about' things

The conference is also a training venue for our yearlong certificate program. Upon successful completion, students in the program are awarded a certificate in the *Foundations of Existential-Humanistic Practice*. The "certificate track" will offer current and prospective students 12 hours of E-H therapy training, organized around the conference theme and taught by our nationally recognized faculty. (To learn more about the certificate program and the 12 hour certificate track curriculum, visit our website at [ehinstitute.org](http://ehinstitute.org).)

You are cordially invited to submit a proposal to present at this conference for plenary sessions, workshops, or posters. Plenary Sessions and Workshops are scheduled 1.5 hours in length.

**Deadline for all proposals are due by August 15, 2013.** Please submit by email to [2013conf@ehinstitute.org](mailto:2013conf@ehinstitute.org).

Please submit the following components with your complete 2-page (500 word max) proposal:

1. Presenters' Contact Info (Name, Mailing Address, Phone Number(s), Email Address)
2. Description of Session
  - a. Perspective and/or theoretical framework and/or references to relevant, specific texts, authors, or research, or on-going debates in related fields
  - b. Goals & Learning Objectives
3. Time Outline (by minute)
4. Relevance to conference theme
5. Add your curriculum vitae or resume stressing the skills, background, or experience that qualifies you to present the topic you propose.

Complete proposal descriptions will assist reviewers' evaluation of the appropriateness of the session or paper. In addition, selected submissions will be then compiled and for CE Approval, where each proposal will be evaluated individually for CE eligibility. To increase your chances of being approved for CE Units, please follow the proposal instructions as best and complete as you can.

Unfortunately, due to limited funds, no stipend is available this year.

Thank you for your interest and we hope to see you at this year's EHI Conference!

Sincerely,  
Nader Shabahangi and Mary G. Madrigal  
Conference Chairpersons  
EHI Board Members